



FBF Impact Report 2025.indd 1



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Big Impacts Build Bright Futures

Future Black Female (FBF) came from a desire to change the harmful systems that have kept Black girls and women marginalized, overlooked, and excluded. I created FBF as a response to every time a Black woman has said, "I wish FBF existed when..." Now, FBF exists to prevent and mitigate those painful moments, and provide support, empowerment, and community.

Our programs, services, and empowering spaces are designed to address both the symptoms and the root causes of systemic oppression; offering a community where Black girls and women are seen, valued, and loved. Everything we do at FBF is to create access, provide opportunities, establish networks and lift the voices of Black girls and women so they can thrive.



Love is at the heart of our strategic plans

My mission is rooted in a deep and unwavering love for Black girls and women that drives me to pour as much of myself as possible into creating a better future for them. I believe love is a powerful force for change, and has the potential to transform both individual lives and entire communities.

At FBF, we are relentless in our pursuit of systemic change. We believe that changing the narrative is the key to actively pursuing and facilitating big impacts that are transformative for Black girls and women.



Changing the narrative to transform the system

We envision a future where Black girls and women can say, "I am grateful FBF existed when..." because they experienced the support, encouragement, and opportunities they needed to succeed.

When we change the system, we change the outcomes. And when we change the outcomes for Black girls and women, we create a ripple effect of positive change throughout society. This is why our work matters so deeply, and why I am calling on you to join us in this mission.



You can influence the creation of a bright future

Our vision for the future is bold because it has to be. The challenges are great, but so is the strength, resilience, and potential of the Black girls and women we serve. I'm asking you to stand with us, to be part of the solution, and to invest in meaningful change rooted in love.

As FBF continues its journey, we know that the 2000+ Black lives that we have impacted are just the beginning. Our future priorities include enhancing educational and career pathways, expanding our therapeutic programs and establishing a permanent home for our organization and the community walking alongside us.

Together, we can build a world where Black girls and women no longer have to fight for belonging. Instead, they can thrive in communities that value, support, and empower them. Your support as a volunteer, partner or donor can be the difference between a young girl feeling alone and overlooked, and her feeling seen, valued, and loved.

Let's create a legacy of love, community, and success for Black girls and women. Let's change the narrative, change the outcomes, and change the system—together.

Join us as we help Black girls and women create bright futures with big impact.





FUTURE BLACK FEMALE | IMPACT REPORT 2024-2025







futureblackfemale.com



Proof Positive



MENTAL WELLBEING

Because Black Canadians experience disparities in mental health outcomes...



1750+

Pro-Black mental health therapy sessions

Time to Talk video for non-Black mental health practitioners

14,333

Virtual Mental Health Hub Page views

First ever UDADA Conference advancing mental health equity and inclusiveness

IMPACT



More Black women and youth are empowered to take control of their mental health as part of a safe and supportive community.



CAREER WELLBEING

Because systemic barriers and lack of representation limit education and career opportunities...



30+

Professional skills sessions with 200+ participants

Black girl youth conferences

Panels and round table discussions

16 School partnerships

IMPACT



Working with educators, we are tackling systemic barriers, creating safe, empowering spaces where Black girls are sharing, leading, and growing.

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FINANCIAL WELLBEING

Because a biased financial system and gaps in financial literacy create obstacles for Black Canadians, especially women...



400+

Youth taught financial and entrepreneurial skills

Online learning modules

Financial literacy workshops



IMPACT



Black girls and women, armed with personal finance knowledge and economic understanding, are selfadvocating to financially thrive.

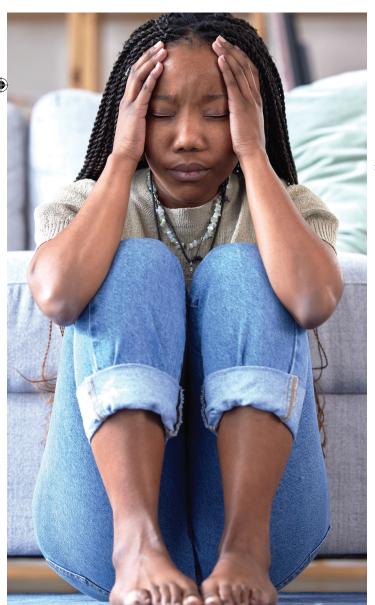
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Programs with Purpose

Everything we do at FBF is designed to inspire, ignite and empower the dynamic potential of Black girls and young women. We are proud of the role we play in elevating their access to the opportunities that can help them achieve their dreams and sense of belonging.



UDADA – Mental Health and Wellbeing



The UDADA Project is a community-led mental health initiative for Black female youth. It aims to improve access to culturally responsive care, reduce mental health disparities, and empower them with confidence, coping skills, and resilience to triumph. www.udada.ca

BIG IMPACT

UDADA helps Black girls and young women understand and value their self worth, and fosters a sense of belonging.

"I think a lot of times in relationships we get into a mindset that if I bring up a thing that bothered me or hurt my feelings, it will cause a fight. What I've slowly come to realize is that not expressing yourself fully and authentically in a relationship can cause it to fall apart later on. So it's important to keep in mind that in any kind of relationship, if someone really cares about me, sharing how I feel is not going to cause it to fall apart."

Participant in speaker series on gender-based violence







Education and Career Strategies



Through conferences, workshops and programs, FBF reaches Black girls and young women at a critical point in their decision-making process about future education and career paths. Participants receive skills training, leadership opportunities, and workforce integration. FBF also provides a bridge to community networks supporting their journey into adulthood.





FBF provides reality-based hope and inspiration for what the future can hold.

"Future Black Female not only affirmed my identity (as a Black girl), but also helped shape my educational goals. In school, STEM fields were often praised and celebrated for their potential, making me feel like they were the only paths to financial stability. As a child of a first-generation immigrant and someone who grew up in poverty, financial stability was crucial to me. I always felt pressure to give up my passions in pursuit of financial stability. However, through Future Black Female I met people who were both financially successful and engaged in meaningful work."

Engaged FBF student and aspiring health care worker

Bright Futures



FBF education and corporate partnerships create a broad support network for Black girls and young women.



Future Black Female plays a transformative role in the lives of Black secondary school students by aligning with the Board's strategic plan, particularly the learning, belonging and thriving priorities. Their perspective recognizes the importance of embedding culturally relevant resources and providing pro-Black support services and strategies around well-being and future planning that help students to thrive and achieve."

Pratima Burton

Student Achievement Leader 9-12, District School Board of Niagara, Ontario





Financial Literacy and Economic **Empowerment**



Instilling the knowledge and skills to grow and manage financial resources empowers Black girls and young women to achieve long-term economic stability and financial independence. FBF provides participants with the ability to make informed financial decisions and opens doors to business opportunities.





BIG IMPACT

Financial literacy has an important ripple effect among families and peers.

"As a participant in the (FBF Financial Literacy) program, I gained valuable insight into financial vigilance and the importance of prioritizing wealth management. In addition to learning the fundamentals of financial literacy, I also developed an understanding of how to grow capital and had the opportunity to share this knowledge with my peers and family."

Ademide Abogunrin





The Entrepreneurship Accelerator Program went beyond giving me skills. It helped me with my confidence as an entrepreneur to know that my beauty business is not just a dream but it is my future. It has been a life-changing program; they helped point me in the right direction, gave me resources and mentorship I needed to be able to work now and for the future."

FBF equips and guides young entrepreneurs as they pursue their dreams



Neska

Owner of Annnissi Beauty Salon Future Black Female Entrepreneurship Accelerator Program Participant

Programs with Purpose

Each of our programs, courses, workshops and events is designed to effect systemic change, and with a specific outcome or call to action in mind. Participants leave with skills, motivation and tools to empower their success and well-being:

- Gender-based Violence and Intimate Partner Violence Program
- Gender-based Violence and Intimate Partner Violence Courses/Handbook
- Empower Youth Program
- Diverse Voices Same Message Program
- Campus Drop-In Sessions
- Black Women's Economic Security (BWES) Project
- Soul Canvas Program
- Financial IQ Program
- Entrepreneurship Accelerator Program
- UDADA Project









A Bright Future

Our goal is to empower Black girls and young women to excel in their chosen fields and become leaders in their communities. Our action plan arises from our strategic priorities:

1

Partner with groups for funding and resources, and with those already doing relevant work 2

Communicate to reach more Black female youth across Canada and find new ways to support them

3

Strengthen programming to serve and empower more Black female youth 4

Advocate for the needs and voices of Black female youth 5

Nurture and grow past and future connections & relationships touched by Future Black Female

Our Action Plan. We will...



1 Secure a physical headquarters that will serve as a centre for our programs, services, and community-building efforts. This space will be a safe and empowering place of collaboration and opportunity for Black girls and young women.



2. Expand our therapeutic programs to increase access to mental health supports. This includes providing counselling services, wellness workshops and spaces for emotional healing.



3. Enhance education and career pathways through expanded mentorship, leadership and skills development workshops.

Our Amazing Partners

At FBF, we are humbled by the support we receive from many in our community through partnerships, funding resources and volunteer efforts. Together, we are taking responsibility for the future potential of Black girls and young women in Canada.

Funders



Women and Gender Equality Canada































Corporate Partners









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Join Us

Help foster a generation of empowered Black female leaders by joining us on our journey. Your support is priceless for creating transformative change for Black girls and young women across Canada.

Donate

We are inspired by the Black girls and young women and we work with. We aim to raise \$1,500,000 over three years to support them further with the plans outlined in previous pages.

Partner

We'd love to talk to you about working together in your community to facilitate positive change for Black girls and young women.

Volunteer

You can help make our events successful by sharing your valuable time. Reach out to us at **futureblackfemale.com/contact** to find out what you can do to make a difference.

"We are thrilled to continue our partnership over the years with Future Black Female. We're extremely impressed with the quality and impact that the organization has had throughout Niagara since it's inception. It's amazing the scope of work that Dr. Tapo and her whole team have undertaken in just a few short years."

Bryan Rose Executive Director of Niagara Community Foundation

Support a Program Sponsor an Event Fund a Dream





futureblackfemale.com/contact



Scan the code with your smartphone camera 1/

Our Beliefs

Community-Empowered Black Female Youth

Opportunity • Dignity • Respect • Equality • Tenacity • Education Advocacy • Celebration • Authenticity • Action • Unity

MISSION

To increase access to opportunities that result in Black female youth across the globe becoming more socially, politically, and economically empowered through strong networks, skills advancement, and rights-based advocacy.

www.futureblackfemale.com



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